

RIDGE FIRE ACADEMY



MED PAT

Each candidate will wear a helmet (provided) and medical gloves (provided). Time will begin when the candidate shuts the driver's door on the Medic unit and time will stop when the gurney is loaded and locked into the back of the Medic unit.

Evolution 1 Unload Gurney:

Candidate will unload the gurney (200 lbs) from the back of a Medic unit and move it to a marked square.

Failures:

Candidate is unable to unload the gurney in a controlled manner
Candidate is unable to maintain control of the gurney
Gurney falls over

Evolution 2 Medical Equipment Carry:

Candidate will carry a jump bag (30lbs) and a defibrillator (20lbs) through a course of cones. Candidate will have to lift the equipment over the green cones without hitting them. The cone course will be 200 feet total.

Failures:

Candidate unable to carry in one continuous attempt
Candidate drops one or both objects before reaching the destination

Evolution 3 Gurney Lift:

Candidate will lift the gurney (200lbs) and place it in the three different settings (lowest, middle, top/load) and then back down. Candidate will be at the foot of the gurney and an instructor will be at the head to assist in the lifting.

Failures:

Candidate is unable to lift in a controlled manner
Candidate is unable to lower in a controlled manner

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Evolution 4 Gurney Move:

Candidate will move the gurney (200lbs) through a course of cones and then back. The cone course will be 300 feet total.

Failures:

Candidate is unable to maintain control of the gurney
Gurney falls over

Evolution 5 Stair Climb:

Candidate will carry a jump bag (30lbs) and a defibrillator (20lbs) up three flights of stairs and then return to the ground floor.

Failures:

Candidate stops on any of the landings or stairs
Candidate unable to carry in one continuous attempt
Candidate drops one or both objects before reaching the destination
Candidate loses balance ascending or descending the stairs more than once

Evolution 6 Gurney Lift:

Candidate will lift the gurney (200lbs) and place it in the three different settings (lowest, middle, top/load) and then back down. Candidate will be at the foot of the gurney and an instructor will be at the head to assist in the lifting.

Failures:

Candidate is unable to lift in a controlled manner
Candidate is unable to lower in a controlled manner

Evolution 7 CPR:

Candidate will perform chest compressions at a rate of 100 compressions per minute. The evaluator will start the clock as soon as the first compression is completed. The candidate will continue to compress the manikin's chest for two minutes. The evaluator will advise the candidate when two minutes has elapsed.

Failures:

Candidate is unable to perform proper CPR
Candidate is unable to keep a rate of a 100 compressions per minute

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Evolution 8 Oxygen Tank Lift/Removal:

Candidate will lift and place an M size oxygen tank onto a box and then remove the tank back to the start point.

Failures:

Candidate drops the oxygen tank
Candidate is unable to lift in a controlled manner
Candidate is unable to lower in a controlled manner

Evolution 9 Dummy Drag:

Candidate will lift and drag a 185lb dummy to a drum and back to the start for a total of 50 feet.

Failures:

Candidate unable to carry/drag dummy in one continuous attempt
Candidate drops the dummy more than once before reaching the destination

Evolution 10 Equipment Move:

Candidate will lift and move off of a gurney, two Medical bags (each 30lbs) and a defibrillator (20lbs) to a location 25 feet away on the ground and then back to the gurney.

Failures:

Candidate unable to carry equipment in one attempt
Candidate drops one or both objects before reaching the destination

Evolution 11 Load Gurney:

Candidate will move the gurney from the marked square and load the gurney (200lbs) into the back of a Medic unit.

Failures:

Candidate is unable to load the gurney in a controlled manner
Candidate is unable to maintain control of the gurney
Gurney falls over

The Total Time allowed to complete is: 13:30 minutes

This concludes the MED PAT.

The candidate will be escorted to a rehab station & told to remain there for no less than 10 minutes.

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Before testing, the Lead proctor will take all candidates to the MED PAT course and explain the individual steps of the process. At this time, you will have an opportunity to ask questions for clarification of directions.

During the testing, the lead proctor will give on-going instructions to lead you through the course.

I, (print name) _____, have read the test directions for participating in the Medical Physical Ability Test administered by Ridge Fire Academy. I understand these directions as they have been explained and have been given an opportunity to ask for clarification of any directions.

Signed _____

Date _____

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Medical Clearance Form (candidate)

To Participate in a Medical Physical Ability Test
In Consideration for Employment

Candidate Last Name (print)

First Name

MI

To The Examining Physician

In order to assure that candidates for the position of EMT or Paramedic are able to adequately perform the critical tasks associated with the job, it is the policy of Ridge Fire Academy that candidates must participate in and pass a job simulation physical ability test (see attached description of test). By signing below, you are indicating that (1) you are familiar with the medical history and current condition of the candidate named above, and (2) that in your opinion, the candidate should be able to participate in the described test without foreseeable medical danger to himself/herself.

PHYSICIAN SIGNATURE

PHYSICIAN NAME (print or stamp)

ADDRESS

Date of Examination

Note to Candidate: Bring this completed form with you on your test date. You will not be able to participate if this form has not been completed.

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HOLD HARMLESS AGREEMENT

I certify that I have no physical or health condition or problem that could or might be aggravated by my participating in these Rescue Training Evolutions. I certify that I have either through my department, or personally, insurance protection, including life, health and hospitalization to adequately cover me in case of any injury occurring while participant in Rescue Training Evolutions

I hold harmless Ridge Career Center and Ridge Fire Academy, Fire Chief, all officers and employees, all instructors, workers, and all vendors who participate, plan, or supervise these Rescue Evolutions that result in any injury or death that might occur to me while participating or as a result thereof.

Student's Signature _____

Date _____

Print Name _____